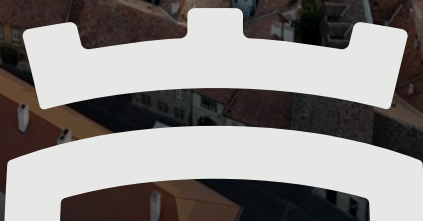




UNIVERSITY  
of SOPRON

# A FIRST YEAR'S GUIDE TO **SOPRON** TIPS AND TRICKS TO SURVIVE



# 1

## DEAR FIRST-YEAR STUDENT,

Welcome to the University of Sopron! We're excited to have you with us and truly hope you'll feel comfortable and happy here.

This little booklet was created just for you – to help you navigate the first few days, settle in more smoothly, and survive the early chaos of university life.

Here are a few tips to make your everyday experience easier:

- Don't be afraid to ask for help – whether it's from your mentors, fellow students, or StudentHelp.
- Be on time! Showing up punctually to classes, meetings, and events is a sign of respect and good manners.
- Be open to new information every day.
- Pay attention and respect deadlines.
- Leave your room – the magic happens out there.
- Take a deep breath – you've got this.  
We're here to help you every step of the way.

**The International Office**  
University of Sopron

# 2

## WHAT TO EAT?

2.000 – 3.000,–HUF

5 – 8,–EUR

\$



3.000 – 5.000,–HUF

8 – 13,–EUR

\$ \$



> 5.000,–HUF

> 13,–EUR

\$ \$ \$



*If you want  
to order*

foodora

Wolt



# WHERE TO SHOP?

## Food



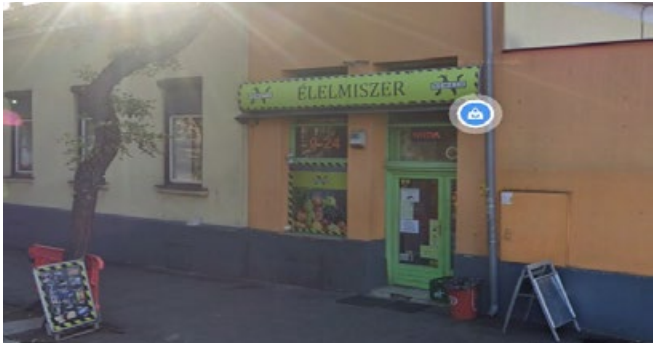
**LIDL**  
12 Bánfalvi Road



**ALDI**  
4/A Ágfalvi Road



**SPAR**  
8 Bánfalvi Road



**0-24 Non-stop** Németh Food shop  
47 Kossuth Lajos Street

## Drugstores



6-8 Bánfalvi Road  
(8 minutes from the dormitory)



19/a Besenyő Street  
(16 minutes from the dormitory)

# HOW TO GET AROUND?



*Walk*



*Bus*

<https://menetrendek.hu>



*e-Scooter*



*TAXI*



*buy a Bicycle*

**Used But Cheap:** Facebook Marketplace, jofogas.hu

**New But Expensive:** Mangobike, KTM Bringapark, Tóth & Fia kerékpárbolt

*book a Bicycle*

<https://www.sopronikerekpar.hu>

# HEALTHCARE SERVICES FOR STUDENTS



*with a TAJ-card*

General Practitioner and dentist  
based on your address

**If you live in the Baross street dormitory:**

GP: Dr. András Szöllősi – 11 Táncsics street  
Dentist: Dr. Anna Kántor – 7 Füredi sétány I. floor

*without a TAJ-card*

Based on your health insurance (e.g. Generali)

**Private healthcare:**

- + NewMed Clinic
- + MediCover
- + Dentists
- + Pannon Medical
- + TritonLife Ikva Medical Centre

*Pharmacies*

**Nearest on weekdays** (8am–5pm):  
54 Újteleki street

**Open on weekends too** (8am–8pm):  
23 Mátyás király street

**Pharmacy on duty** available online:  
<https://soproniak.hu/kozerdeku/gyogyszertari-ugyeletek/>

*Emergency*

**Call 112** – English-speaking operators

**Hospital:** 15 Győri street

# ASKING FOR **HELP**

## *1st year Stipendium Hungaricum students*

<https://shmentor.hu>

## *Academic problems*

### FACULTY COORDINATORS

- **Economics – Kontor-Som Veronika**  
[som.veronika@uni-sopron.hu](mailto:som.veronika@uni-sopron.hu), +36-99-518-120
- **Pedagogy – Németh Tamás**  
[nemeth.tamas@uni-sopron.hu](mailto:nemeth.tamas@uni-sopron.hu), +36-99-518-946
- **Forestry – Noémi Nagyné Ilovsky**  
[nagyne.ilovszky.noemi@uni-sopron.hu](mailto:nagyne.ilovszky.noemi@uni-sopron.hu), +36-99-518-737
- **Wood Engineering and Creative Industries – Vera Tolvaj**  
[tolvaj.vera@uni-sopron.hu](mailto:tolvaj.vera@uni-sopron.hu), +36-99-518-616

## *Everything else*

### International Office at

[international@uni-sopron.hu](mailto:international@uni-sopron.hu)  
[studenthelp@uni-sopron.hu](mailto:studenthelp@uni-sopron.hu)  
+36 30 633 8419



### When You Need The Answer in

## *Non-Academic Issues*

- Finding your way around Sopron
- Accessing medical care
- Mental health support, psychologist
- Getting matched with a mentor or a tutor
- Assistance with interpreting for official matters
- Sorting out personal admin stuff
- Help with CVs and work rules in Hungary
- Learning about Hungarian holidays and traditions
- Or even if you're just feeling a bit lonely and need someone to chat with!

TUESDAY-THURSDAY

**International Office,  
Building B;  
1st floor**

FRIDAY

**Office hours at the dormitory**



[studenthelp@uni-sopron.hu](mailto:studenthelp@uni-sopron.hu)

FOR  
CURRENT  
STUDENTS



# SPORTS

## Semester pass/SMAFC Club

(free swimming, gym, squash)

– 5000 HUF/semester – unlimited use

## How?

Buy it at the campus sports centre  
(Krasznai Sportcsarnok, 5 Ady Endre út)

**Wednesdays & Thursdays – morning hours**

**SMAFC: 25+ sports to join**

<https://www.smafc1860.hu/en>

# SMAFC

★ 1860 ✖



# NATIONAL HOLIDAYS 2025–26 ACADEMIC YEAR\*

*\*offices and shops are closed*

**23 October** – Revolution Day

**1 November** – All Saints' Day

**24–26 December** – Christmas

**1 January** – New Year's Day

**15 March** – Revolution Day

**5–6 April** – Easter

**1–2 May** – Labor Day

**24–25 May** – Whit Sunday&Monday

**20 August** – Foundation Day



# 11



## WHAT TO SEE?



## WHAT TO DO?





# SURVIVAL VOCABULARY

## ENGLISH–HUNGARIAN

### ENGLISH

### MAGYAR

#### *Greetings & Politeness*

Hello  
Good morning  
Good afternoon  
Good evening  
Goodbye  
Please  
Thank you  
You're welcome  
Excuse me / Sorry  
I don't understand  
Could you repeat that?  
I need help  
Do you speak English?

Helló / Szia  
Jó reggelt  
Jó napot  
Jó estét  
Viszlát / Szia  
Kérem / Légy szíves  
Köszönöm  
Szívesen  
Elnézést / Bocsánat  
Nem értem  
Meg tudná ismételni?  
Segítségre van szükségem  
Beszél angolul?

#### *Places on Campus*

university  
faculty  
dormitory / dorm  
classroom  
lecture hall  
library  
cafeteria / canteen  
student office  
reception / front desk  
toilet / restroom

egyetem  
kar  
kollégium  
tanterem  
előadóterem  
könyvtár  
menza  
tanulmányi osztály  
porta  
mosdó / WC

### English

### Magyar

#### *Everyday Survival*

student  
class / lecture  
exam  
grade  
timetable / schedule  
deadline  
first-year student  
ID card  
Wi-Fi password  
Where is...?  
How much is it?  
I'm lost  
Can you help me?  
I don't speak Hungarian  
I'm an international student

hallgató  
óra / előadás  
vizsga  
jegy  
órarend  
határidő  
elsőéves hallgató  
diákigazolvány  
Wi-Fi-jelszó  
Hol van...?  
Mennyibe kerül?  
Elvesztem  
Tud segíteni?  
Nem beszélek magyarul  
Külföldi diák vagyok



# WELCOME TO SOPRON!

*Follow us, join our WhatsApp group and get the latest news:*



@unisopron



+36 30 633 8419



@unisopron



international.uni-sopron.hu







## UNIQUE INTERNATIONAL OPPORTUNITIES WITH THE PANNÓNIA SCHOLARSHIP PROGRAMME

The Pannónia Scholarship Programme offers both short and long-term mobility opportunities for Hungarian higher education students and staff to study, research, teach, or do traineeships abroad in every country of the world.

### Student Mobility Opportunities

- **Long-term mobility** (2–12 months): Study, traineeship, or research (2–3 months). **Monthly grant: HUF 350,000–400,000**, depending on the destination.
- **Short-term mobility** (2–30 days): Study, research, conferences, or summer universities. **Daily grant: HUF 5,000–35,000**, based on destination, duration, and study level.
- **Excellence Programme** (1–6 months): For top-performing students at one of the world's top 250 universities. **Monthly grant: HUF 450,000–500,000**, plus extra support for travel, accommodation, and tuition.

### ALEXANDRE LAMFALUSSY FACULTY OF ECONOMICS

ADMINISTRATIVE COORDINATOR: **Ms Veronika Kontor-Som**  
international-lkk@uni-sopron.hu

### BENEDEK ELEK FACULTY OF PEDAGOGY

ADMINISTRATIVE COORDINATOR: **Mr Tamás NÉMETH**  
nemeth.tamas@uni-sopron.hu  
international-bpk@uni-sopron.hu

### FACULTY OF FORESTRY

ADMINISTRATIVE COORDINATOR: **Ms Fruzsina TAMÁS**  
tamas.fruzsina@uni-sopron.hu

### FACULTY OF WOOD ENGINEERING AND CREATIVE INDUSTRIES

ADMINISTRATIVE COORDINATOR: **Ms Vera TOLVAJ**  
tolvaj.vera@uni-sopron.hu  
international-fmk@uni-sopron.hu

**MORE INFORMATION:** <https://international.uni-sopron.hu/pannonia-scholarship-programme>